

Bike to Work Week - May 14-20, 2011

Resources for Bicycle Commuters



Bike to Work Week Events

- Take advantage of the free bike safety checks hosted by local participating bike shops to ensure that you have a safe commute.
- Check out one of the bike maintenance clinics to learn how you can save money by fixing and maintaining your bike yourself.
- On Friday May 20th, bike to one of the participating coffee shops present your helmet and receive a free cup of coffee.
- Find lists of participating bike & coffee shops at www.BikeNevada.org

Inexpensive Bicycles and Safety Equipment

- Reno Sparks Kiwanis sells bikes starting at \$60. 775-746-9310
- Reno Bike Project takes used bikes and makes them ready to ride and cheap to buy- www.renobikeproject.com
- Craigslist is a good place to go and search for inexpensive bicycles for sale. Just make sure you have the bike checked out before commuting- www.craigslist.org
- The Salvation Army- 775-688-4555
- Savers is thrift store chain that sometimes has bicycles- 775-349-4244
- Visit a local bike shop to check out sale items (or use the discount coupon you receive when registering for Bike to Work Week!).
- You can team up with your co-workers and save by buying helmets in bulk from www.helmetsrus.net/nonprofit

Biking Partners, Mapping Your Route and Tracking Progress

- **Finding a Partner to Ride With-** Don't want to go it alone? Find a 'bike buddy' at www.rtcwashoe.greenride.com
- **Mapping Your Route-** You can visit one of the participating bike shops and they will be happy to help you find the best/safest route for your commute. You can also visit www.gmap-pedometer.com, www.bikely.com, or www.mapmyride.com to map out your route options.
- **Tracking your Progress-** You can log onto any of the following websites to track how many miles you have ridden, how much money you have saved, how much CO₂ you have saved from entering the atmosphere and how many calories you have burned. www.rtcwashoe.greenride.com, www.gmap-pedometer.com, www.ativsolutions.com/calculator/